

Help us

Help you

Help others

Samaritans seek to reduce the number of people who take their own lives by providing confidential emotional support, day and night, for people who are experiencing feelings of distress or despair.

At Cheltenham Samaritans, we are looking for further volunteers to help us support around 40 000 callers a year; by phone, email, text and in-person. Samaritan volunteers are ordinary people who come from all walks of life. We welcome people of all ages over 18 to become listening volunteers or to help us in other ways. Join us and make a difference to somebody's life.



You don't need formal qualifications or previous experience, but a natural ability to listen and remain open minded is an essential skill for a listening volunteer.

For more information on joining the Cheltenham & District Samaritans please visit www.cheltenhamssamaritans.org or phone 01242 515777

Samaritans need your help

We're always there 24 hours a day, 365 days a year, to provide support for those in need. Please be here for us.

A Registered Charity

WITH SAMARITANS